

# CHAMBERLAIN CUBS



## ACTIVITIES HANDBOOK

2018-2019

## TABLE OF CONTENTS

Table of Contents	2
Contact Numbers	2
Mission and Philosophy Statement	3
Non Discrimination, FERPA, Due Process Policies	4
Sexual Harassment, Elastic Clause, Purpose of Co-Curricular Activities	5
Provisions by School, Students, Parents, Coaches/Activities Sponsor	6
General Policies Regarding Programs	7-11
Athletic Participation	11
Eligibility	12-13
Miscellaneous Information	14
Letter Policies	15-16
Training Rules	17-20

## CONTACT INFORMATION

Superintendent	234-4478
Business Manager	234-4478
High School Principal	234-4467
Activities Director	234-4467 or 730-1375
Elementary Principal	234-4460

Chamberlain School District Activities Department  
Mission Statement

The Chamberlain Activities Department is committed to providing the students of the Chamberlain School District (CSD) with programs that build significance in their lives, pride in their school, self confidence in themselves, teamwork to accomplish a goal, and character/integrity in the students who choose to participate. This is done through participation, preparation and competition.

Philosophy Statement

The Chamberlain School District Activities Department's main focus is to provide students with the best educational experience possible. In an attempt to accomplish this, CSD provides a wide variety of activities, both athletic and fine arts, from which the students may choose to participate. The goal of all the activities offered by CSD is to:

- enhance the participants academia
- provide the participants with skills that help them to be a better person
- better equip the participants to deal with the challenges of life

To help facilitate this goal, CSD will provide:

- coaches/directors that serve as role models
- championship caliber facilities
- programs that enhance/develop skills
- finances that will support the activities
- equipment that enhances skills as well as allows for safe participation

In the eyes of the Chamberlain School District, our activities will be deemed successful when good sportsmanship, persistence and perseverance, a commitment to excellence, pride and dedication, placing the team above oneself, and respect for all involved in the contest is demonstrated by the students participating in the activities. It is the belief of CSD that when these characteristics are instilled in our students and demonstrated on a consistent basis, the wins and losses will take care of themselves, and be seen as second nature to the purpose of the activity.

## NON DISCRIMINATION POLICY

The Chamberlain School District 7-1 does not discriminate on the basis of race, color, creed, religion, national origin, gender, age or disability in admission or access to, or treatment of employment in its educational programs and activities. Inquiries concerning Title VI, Title IX or Section 504 should be directed to:

Superintendent of Schools  
1000 Sorensen Drive  
Chamberlain, SD 57325  
Phone (605) 234-4478

Complaints can also be filed:

US Department of Education  
(816) 880 4202  
Office of Civil Rights  
10220 North Executive Boulevard 8<sup>th</sup> Floor  
Kansas City, MO 64153-1367  
(816) 891-0552

## FERPA STATEMENT

The Family Educational Rights and Privacy Act (FERPA) affords parents and students over 18 years of age certain rights with respect to the student's educational records. A copy of these policies and regulations may be obtained in the building principal's office or superintendent's office of the Chamberlain School District 7-1. Complaints regarding a violation of rights according parents and students should be submitted to:

Superintendent of Chamberlain School District 7-1  
1000 Sorensen Drive  
Chamberlain SD 57325

or

Family Policy Compliance Office  
US Department of Education  
400 Maryland Avenue, SW  
Washington, DC 20202-4605

## DUE PROCESS

All students and District employees are guaranteed due process rights as set forth by SDCL 13-32-4. Chamberlain School District 7-1 is in compliance with the standards established by the State Board of Education. Those standards are:

- a. Adequate notice of charges made.
- b. Reasonable opportunity to prepare for and meet the charges will be given.
- c. An orderly hearing adapted to the nature of circumstances of the situation will be conducted.
- d. A fair and impartial decision will be rendered.
- e. Article 24:07 of the Administrative Rules of SD will be used to outline procedures and the definition of the due process.

## SEXUAL HARASSMENT

The Chamberlain School District 7-1 acknowledges and endorses laws against sexual harassment. The District forbids any manner or form of infringement of the rights of others between and among the students and/or adults connected with the operation of the school district. Any student or employee, who believes that they have been the object of physical or verbal harassment by another student or employee, shall file a grievance with the appropriate administrator. Students or employees accused of sexual harassment of others shall be reported to the appropriate legal authorities, and if found guilty, shall be subject to expulsion from school or termination of employment.

## ELASTIC CLAUSE

The Activities Handbook does not include everything that may possibly happen during the school year. If any situation not specifically covered should arise, the administration will make every effort to act fairly and quickly. The best interest of the student, school, and community will be considered. Each situation is different and will be handled on an individual basis. It is sincerely hoped that each one of you will have a successful and enjoyable school year. Take the time to know the rules and regulations you are expected to follow and many of the little problems can be avoided.

## PURPOSE OF CO-CURRICULAR ACTIVITIES

- A. For the student: Co-curricular programs provide opportunities for developing school morale; for being sportsmanlike hosts to visiting fans, officials, and athletes; and for exercising the qualities of fair play and courtesy. Co-curricular activities should be considered a part of the school curriculum, educational in the purpose and conduct.
- B. For the participant: Competition offers an opportunity to develop skills, learn team concepts, attain a high level of fitness, promote friendships, and learn and practice good sportsmanship. It is fully intended that co-curricular competition develop the understanding that the rules of the activity are similar to the rules of everyday life.
- C. For the community: Co-curricular programs encourage wholesome school/community relations under constructive conditions. These programs provide entertainment, a sense of pride, and a vehicle for fans to make a positive impression of our community to others outside the Chamberlain Public School District.

### THE SCHOOL PROVIDES

- A. An opportunity for every student to participate in some phase of the activities.
- B. Leadership in the form of coaches, directors, and other supervisors.
- C. Professionally trained coaches for sports for grades 7-12.
- D. Necessary equipment and facilities.

### THE STUDENT PROVIDES

- A. Sacrifice, self-discipline, desire, determination, and dedication.
- B. A good attitude which would include:
  - 1. High regard and willingness to conform to training rules.
  - 2. Proper care and accounting of equipment.
  - 3. Acting as a representative of the school, student body and community.
  - 4. An understanding of the team concept before individual goals.

### THE PARENT PROVIDES

- A. Positive encouragement to their son or daughter.
- B. Support and enforcement of training rules.
- C. Support to the program and coaches in which their son or daughter is participating.

### COACHES AND SUPERVISORS PROVIDE

- A. The proper ideals of sportsmanship, ethical conduct, and fair play.
- B. Emphasis of the values derived from participating in the activity fairly.
- C. Cordial courtesy to visiting team, officials, and participants.
- D. The respect, integrity, and judgment of officials.
- E. A thorough understanding and acceptance of the rules of the game and /or activity standards of eligibility.
- F. Leadership, use of initiative and good judgment by the participants on the team.
- G. Recognition that the purpose of activities is to promote the physical, mental, moral, social, and emotional well being of the individual.

## GENERAL POLICIES REGARDING PROGRAMS

- 1) **Student Representation of CHS** Students who choose to participate in the activities sponsored by the CSD take on the responsibility of representing more than just themselves. They represent CHS/CMS as well as the community of Chamberlain as a whole. The student is required to fulfill requirements that are in the student handbook pertaining to appearance, etc. Along with that each individual activities advisor may have specific requirements and/or stipulations for the individual wishing to participate in the activity they oversee. Failure to meet these expectations/requirements could result in the student being disciplined by the Activities Director/Activities Advisor as outlined by either the handbook or the advisor's guidelines/team rules.
- 2) **K through 5 students** will not be included in school athletic programs. Parents are encouraged to involve their young people in all of the activities (camps, summer rec, etc.) that are offered in the Chamberlain community. If parents or community groups need to utilize the facilities of CSD, those persons making the request are directed to work with the Business Office in securing times and dates. Please call 234-4478 during regular business hours Monday through Thursday to speak with someone responsible for scheduling the facilities.
- 3) **Grades 6th, 7th and 8th** are eligible to be involved in school-scheduled activities at the middle school level. Participation in each activity will be dealt with on an individual basis. Contests will be scheduled in football, girls and boys basketball, wrestling, volleyball and track contests for the Middle School students. All Middle School students are encouraged to participate in these activities. All students who participate are guaranteed an opportunity to play part of the time.
- 4) **7th and 8th graders competing at the High School Level:** The SDHSAA allows, but does not guarantee, 7th and 8th grade students the opportunity to compete at the varsity level. Some 7th and 8th grade students may be moved to a higher skill level only if advisors and the activities director agree, along with the high school principal. Communication with the participant's parents will then be held to determine if the student is capable of handling the situation and contributing to the team. The practice of 7th and 8th grade students competing at the high school level will be the exception instead of the rule. If a student is moved to the high school level permanently then he/she cannot compete at the 7th and 8th grade level. Examples of when 7th and 8th grade students may be moved to the high school level are 1) To meet scheduling obligations, 2) Fulfill team needs 3) To fill rosters. \*\*These rules apply only to those activities, which have a separate schedule for 7th and 8th grade teams.  
\*\*\*EXCEPTION: Track –Middle School athletes will be allowed to compete with the high school team during weekend events or they may attend no more than one meet during the school week.
- 5) **9th grade students** can compete at the "C" team, JV and varsity level. 9th graders will have separate girls/boys basketball and volleyball schedules if participant numbers allow. This will assure each participant some playing time. However, this does not mean that playing time will be equal or that every player will play in every game.
- 6) **Junior Varsity athletes** include cross-country, football, volleyball, wrestling, girls/boys basketball, gymnastics and golf. The JV athletic philosophy is to develop

players for the varsity level of competition. However, this does not mean that playing time will be equal or that every player will play in every game.

- 7) **Varsity:** Factors such as time, facilities, equipment, staffing, and budgetary constraints limit participatory opportunities. However, because activities are developmentally beneficial, advisors are encouraged to involve as many students as possible in the activities program in some manner. In short, a balance must be found between maximizing opportunities and diluting the efficiency and quality of a program. At the high school level, students tend to become more selective in their choices as they begin to identify their interests and talents, and become more adept at comparing their skills with those of their peer group. In spite of increased specialization, advisors in certain activities may be involved in the unpleasant task of making selections (cutting). Every program below the varsity level, however, is developmental, and as many participants as possible should be retained
- 8) **Practice times:** Practice time is extremely valuable. Activity advisors are encouraged to work together with the activities director in setting up equal use of the facilities, especially the Armory. Advisors need to have their full attention on team members while at practice. Therefore no one except team members should be in the practice area. You have the responsibilities of the safety of your team members. The advisor should be the last to leave, making sure equipment is cared for, lights are off, and doors are locked. No advisor should ever leave unless all students have been accounted for and have left the facility.
- 9) **Church night:** Wednesday night is designated as church night. There will be no activities (fine arts and athletics) scheduled after 6:00 PM. There are a few state-controlled activities held on Wednesday night over which we have no control and must ask the cooperation of all involved.
- 10) **Sunday:** There will be no school-related activities or practices held on Sundays, unless first approved through the Ministerial Association and the school board is notified. This includes both fine arts and athletics. If practices are approved, students will not be required to attend.
- 11) **Weather:** When school is dismissed due to inclement weather, practices will not be held for Middle School activities. High School practices may possibly be held but only by permission of the activities director. The advisor must use his/her good judgment on days when school is not in session to determine whether or not to have practice. At all times, the safety of the participants should be the primary concern. The advisor should consult the activities director or principal before scheduling practice on any weather cancellation day.
- 12) **Suspensions:** Students who are suspended (in school or out of school) **from school** are also suspended from attendance or participation in all school activities until the day following the end of the suspension. A student who has been suspended **from a team** for a training rule violation will be allowed to practice but not compete during the duration of the suspension. This student will not be allowed to leave school early to travel with the team.
- 13) **Attendance Policy:** Absences due to activities should not be compounded by students missing additional classes during the week. In order to participate in a school-sponsored activity (practice or performance) a student must be in attendance during the afternoon (by the start of 5<sup>th</sup> period) up to the time he/she is dismissed by



the school for the activity. The high school principal may grant an exception to the activities attendance policy on an individual basis.

- 14) **Activity clothing and equipment:** Students receiving articles of clothing to be worn during activities are responsible for those items, and are expected to take proper care of them. Advisors issuing these items will be responsible to check them in at the end of that activity. Missing items will be charged to that individual responsible.
- 15) **Supervision of trips:** This guide has been compiled so that the bus driver and the advisor will know what their respective duties are:
  - a) The advisor who is in charge of all matters pertaining to students, destination, times and rest stops will contact the activities director to work out an appropriate itinerary for all trips. All athletic trips will be scheduled through the activities director. All other activity travel will be run through the transportation director, (business manager). If you are going to use school vehicles, you must fill out a vehicle request form. The advisors need to let the appropriate director know the time you wish to leave and where the pick up point is to be.
  - b) The advisor is responsible for discipline on the bus. Students must keep the noise level low enough so that the bus driver is not distracted. Only technology devices with headphones will be allowed to be used during a bus trip.
  - c) The bus driver is the final authority on matters related to speed, load, safety and driving conditions. Advisors should report drivers they consider being unsafe.
  - d) Smoking on the bus or a school vehicle will not be allowed at any time.
  - e) Eating, drinking on a moving bus is not desired. However, distances in South Dakota are such that at times it may be necessary. Instruct students to use the garbage containers that are available in the bus. Advisors should check to make sure the bus or other school vehicles are clean before allowing students to leave.
  - f) Advisors are responsible for making sure that students know when and where the bus/vehicle will be leaving from and returning to after the trip. Also, let the students know the approximate time you expect to return home in case parents would need to pick them up after the trip has ended.
  - g) Advisors are responsible for filling out a travel roster to include the information covered in letter F and distributing it to the staff three days prior to the trip.
  - h) Advisors are responsible for distributing advanced make-up slips to all students scheduled to go on the trip. Said make-up slip will be turned into/checked by the coach prior to the student getting in the bus/vehicle before they leave for the trip. **NO ATHLETE SHOULD BE ALLOWED TO GO ON THE TRIP IF THE MAKE-UP SLIP IS NOT FILLED OUT.**
  - i) Advisors are responsible for the students conduct the entire trip, not just on the bus. Supervision should be maintained at all times.
  - j) All athletes, managers, cheerleaders, etc. will ride with the team in school district transportation to the contest. Exceptions must have written approval and cleared in advance by the coach, activities director or principal and only under extenuating circumstances. Coaches are to take a verbal and visual roll call each time the bus is loaded.
  - k) Students who travel with their respective activity groups will be required to return with their group. Parents may sign out their child to take them home with them. Permission will not be granted to ride home with a fellow student. If parents want

to have their child return home with another parent because of extenuating circumstances, they must receive permission from the Activities Director or building Principal before the activity group departs from Chamberlain.

- l) Any problems, which arise on a trip, should be reported to the Activities Director or building Principal as soon as possible.
- m) The entire activity staff has the responsibility of installing the pride necessary to promote the Chamberlain Activities Program on out of town trips.

#### **16) Facilities Use Policy**

The following policy is intended to cover the opening of the facilities owned by the CSD. The philosophy of the CSD 7-1 is that all facilities owned by the district are to be used at all available times to help develop and improve all of our students to become competitive in their respective activities. The policies outlined below are not intended to restrict the use of the facilities, but rather to protect the school district as well as the individuals using the facilities. The policies make every attempt to keep individuals safe, the facilities clean, and the equipment inventory from being damaged, misplaced or lost.

- a) Facility use by a non-school employee
  - i) All facilities are locked and must be opened using a school employee's key.
  - ii) A non-school employee (18 years or older) may contact a school employee and ask the employee to open the facility for them to use.
  - iii) The school employee having the request made of them may/may not grant the request, understanding that they are ultimately responsible for all that goes on in the facility.
  - iv) The school employee must physically go and open up the facility for the individual making the request.
  - v) School employees MAY NOT give their key to anyone to open up any facility owned by the CSD.
  - vi) School employees ARE NOT required to stay in the facility as long as the individual is 18 years of age or older.
  - vii) Individuals (18 years or older) who ask for and are granted permission to use any of the CSD facilities take on the responsibility to supervise those in the facility.
  - viii) These individuals reserve the right to grant or deny anyone entrance into the facility that they have taken supervision responsibility for.
- b) Open (gyms/mats/fields/weight room) facilities will be sponsored under the SDHSAA guidelines that have been adopted by the CSD 7-1. Open facilities are fundamentally/philosophically different than the situation outlined in.
  - i) Open facilities are considered to be times when the facility is open and a coach from the respective activity is supervising the time period.
  - ii) The school will furnish specific equipment related to the open facility activity.
  - iii) Coaches will schedule the dates of the open facilities with the Business office (White House).
  - iv) Open facilities times will be made public using all media outlets available.
  - v) All open facilities are open to all CSD 7-1 students in grades 6-12.
  - vi) All open facilities CAN NOT be mandatory, and the students' involvement is on a voluntary basis.

vii) Coaches may conduct their team workouts and camps according to SDHSAA policy.

17) **Cheerleading:** Cheerleaders have been selected for Varsity Football, Varsity Wrestling, Varsity and Junior Varsity Girls/Boys Basketball. Cheerleading is a school sponsored club sport and will be handled by the club advisor. The school will provide transportation to and from activities if room is available. If no room is available on the bus, the cheerleading club will be responsible for their transportation.

18) **Parent Meeting:** Chamberlain Activity Advisors are to conduct parent meetings prior to the start or within the first week of practice. The following areas need to be presented at this time:

- a) Coaches should present their philosophy.
- b) Coaches should explain the risk of personal injury that is inherent with participation of the specific activity.
- c) Coaches should explain the training rule policy.
- d) Coaches should discuss any additional rules and expectations.
- e) Coaches should explain that athletes will not be allowed to participate without all required paperwork on file in the Activities Director's office.
- f) Coaches should remind parents that no athlete will be allowed to participate in any activity if they owe the department for lost equipment or uniforms.
- g) Coaches should explain the attendance policy in respect to activity participation.
- h) Coaches should explain the eligibility requirements.
- i) Coaches should explain the travel policy for activities.
- j) Coaches should discuss the importance of sportsmanship.
- k) Coaches should discuss any other pertinent information including the lettering policy.

#### ATHLETIC PARTICIPATION PHILOSOPHY

The chart below describes the Chamberlain School District philosophy at the various levels of a program.

Varsity	Select Squads Highly Skilled Highly Competitive
Junior Varsity	Higher Level of Competition Prepare for the Varsity Level May Involve Some Screening
C-Team	Maintain Large Roster Provide Fair Playing Time Stress Fundamentals
Middle School	Involve Large Numbers

Introduce Team Concepts  
Provide Fair Playing Time  
Competitive Play  
Stress Fundamentals

### MIDDLE SCHOOL ACADEMIC ELIGIBILITY

1. Middle school eligibility will be checked at the mid-term of each quarter and the end of each quarter. The eligibility of the student will be determined after teachers have verified and finalized grades for their classes.
2. A student at Chamberlain Middle School must have passing work in six (6) of his/her seven (7) classes at the time the eligibility check.
3. A student not passing six (6) classes after the last nine-week grading period will be ineligible to compete in any inter-scholastic activities. The Student will remain eligible to practice. The student may earn reinstatement at the midterm of the following quarter, provided they are passing six (6) classes. **EXCEPTION:** During the first quarter 7<sup>th</sup> and 8<sup>th</sup> grade students begin the quarter eligible but will become ineligible at mid-term if failing more than one class. These students would then become eligible again at the end of the first quarter or mid term of the second quarter.
4. If a middle school student participates at the high school level, these guidelines will supersede the high school eligibility rules.

### HIGH SCHOOL ELIGIBILITY

All activities offered by the Chamberlain School District come under the direct supervision of the South Dakota High School Activities Association. The following guidelines for activity eligibility have been adopted by the Chamberlain School Board. The guidelines are a combination of those established by the SDHSAA and those adopted by the Chamberlain School Board. The Chamberlain School District requires all programs to be conducted within these guidelines.

The eligibility policy adopted by the Chamberlain School Board states a student is not eligible if:

1. You have reached your 20<sup>th</sup> birthday.
2. You have attended more than 4 first semesters and 4 second semesters of school in grades 9-12
3. Enrollment in school for 15 school days or participation in an inter-school contest shall constitute a semester.
4. Grades will be checked four (4) times each semester. Those check points are 1<sup>st</sup> quarter mid-term; end of 1<sup>st</sup> quarter; 2<sup>nd</sup> quarter mid-term; end of first semester.

Eligibility will be determined at the end of the day when teachers are to have grades verified.

5. A student not passing 5 of 7 classes at grade check points will be ineligible for the two weeks following the grade verification date. At that point grades will be checked again and if the student is passing 5 of 7 classes at that time he/she will become eligible again.
6. If at the end of the semester the student did not earn 2.0 credit hours during that current semester he/she will become ineligible.
7. You are not enrolled in and attend a minimum of 25 hours of high school work per week during the current semester.
8. You have graduated from a regular four-year high school or institution of equivalent rank.
9. You have not enrolled by the 16<sup>th</sup> school day of the current semester. Date of regular entry into classes is considered the date of enrollment.
10. You have been absent from school more than 10 consecutive school days (illness of the student or a death in immediate family excepted).
11. You have transferred from one high school to another without a corresponding change in the residence of your parents.
12. You do not have on file in the Activities Director's office a signed physical examination and parents permit form.
13. You have ever participated in an athletic contest under an assumed name.
14. You have ever participated in athletics in any institution of learning of higher rank than a standard secondary school.
15. You have violated your amateur standing.
16. During a high school sport season, you compete on an unattached basis as an individual or as a member of a non-school team.

The student-athlete will regain eligibility when he/she passes 2.0 credits in a semester. To become eligible the student athlete may enroll in a credit recovery program offered by the school district.

## MISCELLANEOUS INFORMATION

1. **Public Relations:** Keep the press, radio and television informed-win or lose. Give the participants credit. Always inform the Chamberlain newspaper of the results of your activity.
2. **Athletics Award Night:** An Athletic Awards ceremony will be held during the month of May each school year. This ceremony will honor athletes who have participated during the course of the entire school year. All major awards and letters will be handed out on this evening. All athletes and coaches are requested to dress appropriately (business casual)
3. **Lockers:** All athletes upon request should be given a padlock in order to lock up any valuables during practice and game sessions. A copy of the padlock number and combination should be kept in the coach's office.
4. **Chain of Communication:** In order for any organization to function well, there needs to be a properly functioning "Chain of Communication". If there is a situation or concern on the part of a student or parent regarding an activity, the following contacting procedure is to be used.
  - Student or Parent
  - Advisor
  - Activities Director
  - Principal
  - Superintendent
5. **Cub Spirit:** The team name of Chamberlain High School is the "Chamberlain Cubs". The school colors are red and white. Chamberlain has always rated very high in good conduct at sporting events and various activities and with your cooperation will continue to do so. We should not only show good conduct at games, but we should let the Cub participants know that we are there to support them. Your energy and excitement in showing school spirit will be a fun part of your school memories and you're encouraged to take part in the events held for our district.

CHAMBERLAIN HIGH SCHOOL  
LETTERING POLICY FOR VARSITY ATHLETICS

Specific lettering requirements for each sport or activity are left to the discretion of each head advisor. The first time a student letters he/she will be given a letter “C” pin and a bar for that particular activity. Every time thereafter, he/she will only be given a bar by the head advisor. It is understood that for an athlete to earn an athletic award at Chamberlain High School they must have complied with all rules and regulations for athletic participation as established by Chamberlain High School and the SDHSAA. The athlete must complete the season unless released by the advisor for reason of illness, injury, or extraordinary circumstances. In this case, lettering will be at the discretion of the head advisor and his/her staff. Lettering requirement should be made known to the athletes prior to the season. Lettering requirements for each activity should also be on file in the Activities Directors office.

Awarding varsity letters to athletes for contributions made in their sport will be a coach’s decision. However, there are some guidelines that the coaches should follow.

1. The policy should be made known to the athletes prior to the season.
2. The policy should be set so it is difficult to achieve, but attainable.
3. Athletes must complete the season to earn a letter.
4. Seniors that complete three consecutive years in the program will earn a letter.
5. The head coach and activities director will use discretion in the following categories: injuries, conduct, attitude, citizenship, post-season play, managers, student transfers or any condition not covered.
6. Athletes that are disciplined for breaking training rules (level 2) will not be eligible to receive any special awards at season’s end. (Ex. Captain, MVP, etc.)

Cross Country:

1. Athlete must be a regular participant on the varsity.

Football:

1. Athlete must play in a minimum of eight (8) quarters.

Girls and Boys Basketball:

1. Athlete must compete in 18 quarters at the varsity level.

Volleyball:

1. Athlete must compete in 50% of all games.

Wrestling:

1. Athlete must record two victories at the varsity level. (Not by forfeit)

Gymnastics: Point system

- |   |    |
|---|----|
| 1. To go as an alternate only at a varsity meet     | 1  |
| 2. To compete in a varsity meet                     | 2  |
| 3. To place at a varsity meet                       | 3  |
| 4. To qualify for state or place at regional        | 4  |
| 5. If the team qualifies, each varsity member earns | 1  |
| 6. To place at the state meet                       | 5  |
| 7. To miss less than 2 practices                    | 2  |
| Total points required to earn a letter              | 13 |

Golf:

1. Athlete earns a medal in a varsity meet.
2. Athlete must participate at the varsity level in 50% of all varsity meets.

Track:

1. Athlete must place in an event at a major track meet. (Not a dual or triangular)
2. Athlete must compete in 50% of varsity meets.

Cheerleading: Point System

- |  |         |
|--|---------|
| 1. Miss NO practices                     | 3 pts.  |
| 2. Miss 1 excused practice               | 2 pts.  |
| 3. Miss more than 1 practice (unexcused) | 0 pts.  |
| 4. Miss NO events                        | 3 pts.  |
| 5. Miss 1 excused game                   | 2 pts.  |
| 6. Attitude at practice                  | .5 pts. |

(5-pts. Possible)

Upeat and positive, willing to put a little more into practice, helpful to others

- |   |                 |
|---|-----------------|
| 7. Working with fundraising/concessions           | 1pt.            |
| 8. Uniforms returned on time, clean and undamaged | 1pt.            |
| 9. New cheer taught to group                      | 1 pt.           |
| 10. New dance taught to group                     | 3 pts.          |
| Total Points required to earn a letter            | 15 total points |

**Chamberlain High School  
Honor Athlete Award  
RED "C"**

The following criteria must be met and returned, with documentation to the Athletic Director (by May 1st, 2018).

1. Complete a typed essay of no fewer than 250 words answering the following questions.
  - How has competing in high school athletics helped prepare you for life after high school?
  - What character traits have you gained/developed through participating in athletics throughout your high school career?
2. Maintained a 2.75 GPA throughout your high school career.
3. Earned eight (8) CHS letters during the athlete's career at CHS.....no more than 2 maybe earned as a middle school athlete competing on a varsity team.
4. Must earn letters in at least three (3) different sports during the athlete's career at CHS.
5. Participate in two (2) or more Chamberlain School District sponsored sports (sanctioned by the SDHSAA) for each of the first three (3) years of high school career.



6. Participate in and complete three (3) Chamberlain School District sponsored sports (sanctioned by the SDHSAA) and earn a minimum of two (2) letters during the athlete's senior year.
7. Earn a minimum of 30 points during the athlete's athletic career at CHS. Additional points may be earned as follows:
  - A. ½ point for being on the Semester Honor Roll (high school honor roll only).
  - B. 1 point for each letter earned as an athlete in a sanctioned CHS sport.
  - C. 1 point for being a letter winner on a Conference Championship team.
  - D. 1 point for being an All-Conference selection.
  - E. 1 point for being an individual Conference Champion.
  - F. 1 point for being on a letter winner on a Regional Championship team.
  - G. 1 point for being an individual Regional Champion.
  - H. 1 point for being a letter winner on a State Qualifying team.
  - I. 1 point for being an individual State Qualifier team.
  - J. 1 point for being an All-State athlete.
  - K. 1 point for being an individual state medalist.
  - L. 2 points for being on a State Championship team.
  - M. 2 points for being an individual State Champion.
  - N. 1 point for being a Senior athlete who letter's in three (3) sports as a Senior.

## **FINE ARTS AND ATHLETIC TRAINING RULES**

**FOR ALL CUB PARTICIPANTS/PROSPECTIVE PARTICIPANTS, TRAINING RULES GO INTO AFFECT BEGINNING THE 1<sup>ST</sup> PRACTICE OF THE FIRST ACTIVITY (BOYS' GOLF 8/7/17) AND CONTINUE UNTIL THE LAST ACTIVITY CONCLUDES (GIRLS' GOLF 6/5/18).**

In order to assure a high quality of student activity performance, the Chamberlain School Board has developed the following guidelines for those young people who wish to participate in school sponsored Fine Arts and Athletic activities. The purpose of these guidelines is to:

- 1) Encourage proper school conduct at home and away from school.
- 2) To help young people to develop a positive attitude and to teach self-discipline.
- 3) Encourage young people to work as a unit and develop pride toward their activity and school.
- 4) To confirm and support existing state laws which restrict the use of such mood-altering chemicals.
- 5) To assist students who desire to resist peer pressure.
- 6) To emphasize the schools concerns for the health of students in areas of safety while participating in activities and the long-term physical and emotional effects of chemical use on their health.

## General Guidelines:

- 1) These training rules and regulations are to be read to participants by the Activities Advisor of each activity before the first regular practice session. Each participant must present the rules and information to his/her parent or guardian. Both the participant and a parent or guardian must sign the agreement form acknowledging that they have read and understand the rules and agree to abide by them, before the student continues in practice with the team.
- 2) A responsible person must report infractions of the rules and the person **CANNOT** remain anonymous. No rumors will be accepted as a basis for penalty assessment. All students will be afforded the due process rights of any disciplinary action.
- 3) The enforcement of these rules and regulations are the responsibility of the head Activities Advisor, assistant Activities Advisor, Activities Director and Principal.
- 4) In order to participate in a school-sponsored activity (practice or performance) a student must be in attendance during the afternoon (by the start of 5<sup>th</sup> period) up to the time he/she is dismissed by the school for the activity. A participant who is absent without permission of the Principal on the day of a performance shall not take part in the activity or be taken on the trip that day or evening
- 5) All participants will ride with the group in school district transportation to the performance. An exception to this would be music contests when the schedule is not conducive to having all the participants ride together to the event. Parents/guardians may sign a release with the supervisor and take responsibility for making sure the student is on time for their performance. Students who travel with their respective groups will be required to return with their group. Parents/guardians may sign out their child to take them home with them. If parents want to have their child return home with another parent/guardian because of extenuating circumstances, they must receive permission from the Activities Director or building Principal before the group departs from Chamberlain.
- 6) The intent of these rules and the enforcement of these rules are quite obvious and should be understood to incorporate common sense in certain situations. Attending parties and gatherings where peers openly use alcohol, tobacco, or driving in vehicles where occupants are openly violating laws and school rules are definitely prohibited. (Guilt by Association) Common sense should make it clear that being at home where parents may drink or smoke does not make your home off limits.
- 7) The training rules pertain to the following activities:
  - All athletics, band trips and festivals, all-state orchestra, all-state chorus and all-state band, fall plays, one act plays, regional instrumental and vocal contests, variety shows, show choir, jazz band, student council, FFA and FCCLA trips.
- 8) **Chamberlain Social Media Guidelines** - As you begin participation in activities in the Chamberlain School District for another year, the Chamberlain School District wants to make sure you are aware of the revised social networking guidelines. The Chamberlain Activities Department recognizes and supports all student's rights to freedom of speech, expression, and association, including the use of social networks. In this context, however, each student participating in activities at CHS/CMS must remember that playing and competing for The Chamberlain School District is a

privilege. As a student participating in activities, you represent the Chamberlain School District and the community of Chamberlain, and you are expected to represent yourself, the activity you are participating in, and the School District in a positive manner at all times.

In the following bullet points you will find the CSD social networking guidelines which provide the following rules for social networking site usage:

- Everything you post is public information – any text or photo placed online is completely out of your control the moment it is placed online – even if you limit access to your site. Information (including pictures, videos, and comments) may be accessible even after you remove it. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the site and may be searchable even after you remove it.
- What you post may affect your future. Many employers and college admissions officers review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including pictures, videos, comments, and posters).
- Similar to comments made in person, the Chamberlain School Activities Department will not tolerate disrespectful comments and behavior online, such as: Derogatory language or remarks that may harm teammates or coaches; other Chamberlain students participating in activities, teachers, coaches, or administration; and student-participants, coaches/directors/advisors, or representatives of other schools, including comments that may disrespect opponents.
- Incriminating photos or statements depicting violence; hazing; sexual harassment; full or partial nudity; inappropriate gestures; vandalism, stalking; underage drinking, selling, possessing, or using controlled substances; or any other inappropriate behaviors.
- Creating a serious danger to the safety of another person or making a credible threat of serious physical or emotional injury to another person.
- Indicating knowledge of an unreported school or team violation—regardless if the violation was unintentional or intentional.

Through social media, you are now monitored by more individuals than ever before, including community members, fans, opposing teams and members of the media. Everything you do in these forums should positively represent CHS and the activities it sponsors. Improper postings to social media that violate Chamberlain guidelines will be handled in the following manner:

In short, do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The online social network sites are NOT a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is considered public information. Protect yourself by maintaining a self-image of which you can be proud for years to come.

- 9) In serving a suspension if a student goes out for an activity, serves the suspension and then quits that activity, the suspension will then carry over to the next activity the student goes out for. (i.e. student A has a two week suspension and goes out for golf in the fall and after the two week quits, when/if student A goes out for basketball in the winter the athlete will be ineligible until the two week suspension is served).

Chamberlain School District 7-1  
Summer Fine Arts and Athletic Training Rules  
Participant Agreement Statement

I, \_\_\_\_\_, have read and understand the contents and provisions of the training rules of the Chamberlain School District.

As a participant of Chamberlain School sponsored activities outside of the school year, I accept the provisions of the rules and regulations of the district and those of the South Dakota High School Activities Association.

Violations of the Chamberlain School District rules and regulations will result in disciplinary action as listed in the Activities Handbook. Consequences will be implemented during the specific activity in which the infraction occurred during the summer.

I agree to follow these rules and regulations while participating in activities during the following dates: \_\_\_\_\_ to \_\_\_\_\_.

Date: \_\_\_\_\_

Signature of Participant: \_\_\_\_\_

Signature of Parent: \_\_\_\_\_

The following is a list of practices not condoned by the school or coaching staff. A student involved in athletics or a fine arts program that chooses to participate in such practices will be subject to disciplinary action from the program in which they are involved. A Chamberlain School District staff member, legal authorities, the individual's voluntary admission, or a responsible adult who is willing to go on record must substantiate the report of a violation.

**Level I violation: Short-Term suspension**

Violation of team or school rules, policies and regulations, hazing activities (The Chamberlain School District deems hazing to be defined as follows:

Any conduct or method of initiation into a student organization).

- 1) No initiation or membership rites actions that enables the students to become a member of a student organization will be condoned by the Chamberlain School District, unsportsmanlike conduct during practice or performance, unexcused absence from school or practice, insubordination.
- 2) Curfew violation---curfew hours will be 11:00 PM Sunday through Thursday nights and 12:00 AM on Friday and Saturday nights. When a group returns home at a time the regular curfew cannot be met, the student will have ½ hour to proceed to his or her home.
- 3) Guilt by association violation
- 4) First violation of social media policy

**Level II violation: Long-Term suspension**

- 1) Use or possession of tobacco products or alcohol.
- 2) Convicted of vandalism, theft, or destruction of property or any non-drug related felony or misdemeanor other than a traffic violation.
- 3) Second and subsequent violations of the social medial policy
- 4) Habitual repeated Level I violations (three or more separate violations).

**Level III violation: Extended Long-Term suspension**

- 1) Use or possession of a controlled substance or illegal drug including marijuana.

**Consequences:**

If the violation takes place while the student is involved in an activity the suspension will start that day (see exception) and run its time course and the student will miss any and all contests/competitions within that timeframe.

Exception-if suspension time does not include a competition/performance, suspension will start at the first competition/performance.

If the violation happens when the student is a prospective participant, the suspension will start with the first competition after the season has started.

**Level I Violation**—short term suspension

**\*Short-term suspension**—will be determined by the advisor and activities director up to and not greater than a long-term suspension. Students will continue to practice during this suspension and must agree to earn his/her second chance by fulfilling a consequence to be made by the training rule guidelines.

**Level II Violation** -Long-term suspension

**\*Long-term suspension**-student will miss the next 2-4 weeks in his/her activity. Students will continue to practice during this suspension and must agree to earn his/her second chance by fulfilling a consequence to be made by the training rule guidelines.

During the long-term suspension a student will be able to attend any games or contests, however they will not be dismissed from school early to attend. All long term suspensions will require the student to complete a school developed Drug/Alcohol/Tobacco education program. The education program must be completed before the student can compete in competition.

**Level II Violation (1<sup>st</sup> offense)**--long term suspension (2 weeks). May be reduced to one week upon self-confession to advisor.

**Level II Violation Repeated (2<sup>nd</sup> incident)**--long term suspension (4 weeks) May be reduced to two weeks upon self-confession to advisor.

**Level II Violation (3<sup>rd</sup> incident)**--expulsion from all activities. NO REDUCTIONS

**\*Expulsion**—the action of a principal or superintendent to terminate a student's membership on all teams in athletics and fine arts activities.

**Level III Violation- Extended long term suspension**

**\*Extended long term suspension**-student will miss the next 6-12 weeks in his/her activity. Students will continue to practice during this suspension and must agree to earn his/her second chance by fulfilling a consequence to be made by the training rule guidelines. Extended long term suspensions may not be reduced. The student will also be required to complete a Drug/Alcohol/Tobacco education program.

Level III (1<sup>st</sup> offense) 6-12 weeks with no possible reduction.

Level III (2<sup>nd</sup> offense) Expulsion from all activities

**DRUG USE**-Students who are ADJUDICATED or CONVICTED of possession, use or distribution of controlled substances or marijuana will be removed from participation in extra-curricular activities for one year by state law.

FINE ARTS AND ATHLETIC TRAINING RULES  
PARTICIPANT AGREEMENT STATEMENT

**NAME OF STUDENT** \_\_\_\_\_

WE AS A PARTICIPANT AND PARENT OR GUARDIAN HAVE READ AND UNDERSTOOD THE CONTENTS AND PROVISIONS OF THE TRAINING RULES OF THE CHAMBERLAIN SCHOOL DISTRICT.

AS PARENTS OR GUARDIANS WE PLEDGE TO ENCOURAGE OUR SON/DAUGHTER TO PRACTICE AND PERFORM TO THE BEST OF HIS/HER ABILITY WHILE MAINTAINING A BASIC GOOD ATTITUDE TOWARDS THEIR ACTIVITY. WE GRANT OUR PERMISSION FOR THEM TO PARTICIPATE IN FINE ARTS PROGAMS AND ATHLETIC EVENTS.

WE AS PARTICIPANT AND PARENT OR GUARDIAN ACCEPT THE PROVISIONS OF THE RULES AND REGULATIONS OF CHAMBERLAIN SCHOOL DISTRICT 7-1 AND THOSE OF THE SOUTH DAKOTA HIGH SCHOOL ACTIVITIES ASSOCIATION.

DATE \_\_\_\_\_

---

SIGNATURE OF PARTICIPANT

---

SIGNATURE OF PARENT OR GUARDIAN